

LaPulia Book of Shadows

Traditional Witchcraft Grimoire Book of Shadow Table of Content

<https://lapuliabookofshadows.com/>

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Power page	Invocation and Evocation
Book Dedication	Opening Rituals
Alphabet	The Lesser Banishing Ritual of the Pentagram (LBPR)
	The Lesser Banishing Ritual of the Hexagram (BRH)
1. Arts of Magick	The Middle Pillar Ritual
Science of Magick	Spirits Entities
Seven Hermetic Principles	Types of Spirit Entities:
Energy	Angelic Spirits
Sources of Energy	Egregors
Chakra – Personal Energy Vortex	Elemental Spirits
Cone of Power and Energy Ball	Planetary Spirits
How to Direct Energy	Astral Spirits
Grounding and Centering	Demonic Spirits
Meditation	Spirit Conjunction and Evocation:
States of Consciousness (ways to alter state of consciousness)	Circle of Protection
Other World - Levels of Reality and How to Work within Each	Triangle
Astral Manipulations	List of Various Spirit Entities with their seals, sigils and suggested task assignment based on their expertise
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Astral Projection	3. Practical Sorcery
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Samhain - Time to Honor the Dead	Phases of Moon
Samhain - Divination	Moon in Astrological Signs
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2. Gods and Spirits	4. Altering Reality
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Love Magick
Protection Magick
Healing Magick

5. Herbs and Trees

Magickal herbs
Methods of using herbs in magick (burning, carrying, growing, powdering, infusion, seeding)
Charging Herbs
Herbs in alphabetical order (properties and magickal use)
Herbs for certain magickal purpose (beauty, love, money, business, wishes, etc.)
Mandrake
Trees: meaning, lore and magickal properties

6. Potions

Everything you need to know about potions and how to brew them
Brewing and Empowering a potion
Nine easy steps for making a Powerful Magickal Potion
Magickal Potions: Recipes and Formulas

7. Magickal Bath

Making and Empowering
Magickal Bath Formulary
Magickal Soap – how to make a magickal soap
Magickal Soap Formulary

8. Magickal Incense Making, Mixing and Empowering

Magickal Incense Formulary

9. Magickal Oil

Making, Mixing and Empowering
Magickal Oil Formulary
Magickal Ointment Formulary
Flying ointment formulas – total of 13 formulas (Do not mix and use them! This

formulas contain poisonous herbs and given for historical information purposes only!)
Modern Witches' ointment formulas (safe to use): Flying ointment, Healing ointment, Psychic powers ointment, Lust ointment, Moon Goddess ointment, Protection ointment, Hex-breaker ointment, Riches ointment, Sun God ointment, Youth ointment, Exorcism ointment, "Cure Anything" ointment

10. Crystals and Gems

Cleansing and Programming
Crystals and Gems in alphabetical order with magical association

11. Divinations

Request for clairvoyant powers
Hecate's recipe for clairvoyance brew
Pendulum and how to use it
Ouija Board and how to use it
Vision Quest
Vision Quest potion powder
Tarot cards
Celtic cross spread
Tarot cards Major Arcana
Tarot cards Minor Arcana
Scrying information on different methods of scrying
How scrying works
What happens when we scrying?
Scrying spell
Scrying Using the Black Mirror
Fire Scrying
Tassology - the art of tea - leaf reading
Runes
Meaning of Runes

12. Blank Pages (58 pages)