

LaPulia Book of Shadows

Original Wiccan Book of Shadows Content

<https://LaPuliaBookofShadows.com/>

TABLE OF CONTENT:

1. Intro (28 pages)	How to Direct Energy	6. Elements (12 pages)
Book title	Meditation	Earth
To gain Powers chant	Altered State of	Air
Book Blessing dedication	Consciousness	Fire
Book Blessing ritual	Meditation Techniques to	Water
The Pentagram	Reach Different States of	Elemental cauldrons
Witches Alphabet	Consciousness	Elemental association table
Witch's Creed	Self Dedication Ritual	
To be a Witch	Levels of Reality	7. Moon Magick (14 pages)
13 goals of the Witch	4. Altar and Circle (18 pages)	Phases of Moon
Witch's Rune	Altar	Lunar eclipse
Witch's Pyramid	Sacred Space	Void of course
Triquetra	Circle Poem	Moon Wobbles,
Words of the Magus	Personal Preparation	Full moon oil
Guidelines for Magical life	Take a ritual Bath	Moon water tonic
	Circle size	Names and qualities of the
	Placing quarters	Full Moon for each month
2. Gods and Charges (14	Bless the Altar	Drawing down the Moon
pages) Divinity - The	Cleanse the Circle area	Moon in Astrological Signs
Goddess and God of the	Casting the Circle	Table of Planetary Hours
Witches	Calling the Quarters	Moon Muse Spell
The Charge of the Goddess	God and Goddess	Nocturnal Moon Garden
(poetic version)	Cut a gate (if needed)	
The Charge of the Goddess	Cakes and Wine blessings	8. Magical days (12 pages)
The Charge of the God	and libation	Daytime Magick
The Charge of the Dark	Thanking and releasing God	Days of the week poem
Goddess	and Goddess	Day correspondence
The Charge of the Dark God	Thanking and releasing the	Planetary Rulers
	Quarters	
3. Basics of Magick (48	Releasing the Circle	9. Sabbats - Wheel of the
pages)	Libation to the God and	Year (94 pages)
Science of Magick	Goddess	Samhain
Ritual Theory and		Yule
Techniques	5. Magickal Tools (10 pages)	Imbolg
Grounding and Centering	Wand	Ostara
Energy	Chalice	Litha
Chakra – Personal Energy	Athame	Lammas
Vortex	Cauldron	Mabon
Cone of Power and Energy	Pentacle	
Ball	Broom	10. Candle magick title (8
		pages)

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Intro
Preparation
Choosing a candle
Dressing a candle for ritual or a spell
Lighting, extinguishing and disposing
Astral candle colors
Candle Chant
All-purpose Candle Magick Spell

11. Colors (4 pages)
Colors correspondence
Red Magick

12. Crystals and Gems (50 pages)
Intro
Crystal Cleansing
Crystal Programming
Projective/Receptive energies
Crystals and Gems in alphabetical order with magical association
Stones - properties
Crystal Talisman or Amulet (how to create one)
Healing crystals for Children

13. Kitchen Witch title (26 pages)
Kitchen Witch intro
Bewitching Kitchen Tips
Tools of the trade
Kitchen Witch's Creed
Kitchen Witch's prayers
Kitchen Witch's cleansing/blessing
Kitchen Witch's tools and theirs magical association

Foods and their magical associations
All purpose culinary spell

14. Animal totem title (18 pages)
Animal totem
Animals symbolism
Monkey totem
Cats of magick
Owl Wisdom
Familiars
Dragonfly
Raven
Spider

15. Fairy Magick (10 pages)
Fairy Magick
Lore
Herbs
Types
Fairy spell and potion
Fairy Skin Glamoury

16. Love Magick (8 pages)
Intro to Love Magick
To obtain a man's love
To gain a love of an indifferent man
To cool a love relationship
Love Potion #9
Love Powder
Lovers Tea
Lust Dust
Bed Blessing

17. Dream Magick (14 pages)
Dream Pillows
Pillow stuffing directions and formulary for: Love and

Happiness, Prophetic Dreams 1, Protection and Peace, Healing Blend, Headache blend, Nightmare prevention, Hops sleep blend, Sweet lavender blend, Restful Sleep, Sleep inducing, Peaceful slumber, Relaxing dreams, Convalescent rest, Pleasant Dreams, Sweet Dreams, Romantic evening dreams, Sensual dreams, Amorous dreams, Romantic novel dreams, Traveler's comfort, Vacation bless, Headache Pillow (warm or cold), Prophetic Dreams 2
Dream of Luck
Keeping a dream journal
Lucid dreaming
Dreams and Magick

18. Herbs and Trees (54 pages)
Magickal herbs
Methods of using herbs in magick (burning, carrying, growing, powdering, infusion, seeding)
Charging Herbs
Herbs in alphabetical order (properties and magickal use)
Herbs for certain magickal purpose (beauty, love, money, business, wishes, etc.)
Herbs Redes
Herbs for Love
Protective Herbs
Garden Butterfly and Bee

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Trees: meaning, lore and magickal properties
Celtic Trees
Tree of Life
Mandrake information and lore
Mandrake potion for protection/purification
Mandrake Exorcism potion
Mandrake Conjure bag for passion
Mandrake Conjure bag to bring love into your life

19. Potions (38 pages)
Everything you need to know about potions and how to brew them
Empowering a potion
Nine easy steps for making a Powerful Magick Potion
Love potion
Stay away potion
Aphrodisiacal potion to awaken passion
Potion to gain power of clairvoyance
Potion to have prophetic dreams
Purification formula
Formula to protect a house
Love Philter
Formula against insomnia and nightmares
Formula for Witch's Honey
Moon water
Sun water)
War water
Four Thieves Vinegar
Knowledge Tea
Fortune Potion

Truth potion
Aphrodisiac after-bath potion
Red Witch Love Potion
To empower herbal tea
Healing potion formulas for teas, salves, poultices and other various mixtures:
Formula for common headaches
Formula for migraine and tension relief
Formula for common flu, cold and bronchial alignment
Formula for flu and bronchial remedies
Formula for chest congestion and bronchial problems
Formula for bronchial cough remedy
Basic healing spell to use with healing potions
Health benefits of ingredients in the herbal potions
Witches' holy water
Formula to make Condenser fluid
Teas for Clairvoyance

20. Magickal Bath (26 pages)
Magickal Bath information and how to prepare one
For love (aphrodisiacal)
To attract love,
For money
For purification ritual
To develop psychic powers
Money bath
A Witch's bath

Dieter's magical bath
Bewitching Bath
Money bath 2
Beauty bath
Negative energy removal bath
Nefertiti's Queen of Egypt Milk Bath
Cleopatra's Hair Conditioner
Energy cleansing shower
To heal pain bath
Magickal Bath Salt - how to make a basic bath salt
Magickal Salt Formulary for: Healing, Protection, Love, Divine-spiritual, High Priestess, Air, Celibacy, Circle, Earth, Exorcism, Fire, Flowery, Healing 2, High awareness, Love 2, Lust, Protection 2, Psychic, Purification, Sea Witch, Spiritual, Water, Water2
Magickal Soap – how to make a magickal soap
Ritual Soap Spheres
Liquid Ritual Soap 1
Liquid Ritual Soap 2
Magickal Soap Formulary for: Isis soap, Love soap, Luck soap, Money Soap, Moon soap, Protection soap, Psychic soap, Sabbat soap, Witch's soap

21. Magickal Incense (24 pages)
Magickal Incense intro - everything you need to know about magickal incense
Two forms of incense

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Simple recipe to make your own incense
Empowering Ritual
Using incense
Simple incense
All purpose incense
Magickal Incense Formulary for: Altar incense, Aphrodite incense, Astral Travel Incense, Binding incense, Business incense, Circle incense, Clearing incense, Consecration incense, Courage incense, Crystal purification incense, Curse-breaker incense, Divination Incense, Dream incense, Eightfold hearth incense, "For emergencies" incense, Game of chance incense, Healing incense, House purification incense, Incubus incense, Kyphi incense, Kyphi incense simplified, "Lock" incense, Love incense, Mediation incense, Prophecy incense, Prophetic dream incense, Prosperity incense, Protection incense, Psychic incense, Purification incense, Rain incense, Riches and favors incense, Study incense, Success incense, Talisman consecration incense, True love incense, Vision incense, Wealth incense, Lunar blend incense, Scrying incense

22. Magickal Oil (44 pages)
Magickal oil intro -

everything you need to know about magickal oil
Mixing Oils
Empowering magickal oil
Magickal Oil Formulary for: Air oil, Altar oil, Anointing oil for rituals, Aphrodite oil, Aquarius oil, Aries oil, Astral travel oil, Beltane oil, Business success oil, Cancer oil, Capricorn oil, Come to me oil, Come and see me oil, Courage oil, Demeter oil, Earth oil, Earth Mother oil, Energy oil, Fire oil, Gemini oil, Goddess oil, Good luck oil, Healing oil, Hecate oil, Initiation oil, Interview oil, Isis oil, Jupiter oil, Leo oil, Libra oil, Love oil, Litha/Midsummer oil, Lughnassadh/Lammas oil, Lunar oil, Mabon oil, Mars oil, Mercury oil, Money fast oil, Moon oil, Ostara oil, Peace oil, Pisces oil, Power oil, Protection oil, Psychic oil, Psychic awareness oil, Psychic protection oil, Purification oil, Reveal truth oil, Rites of Isis oil, Sabbat oil, Sacred oil, Sagittarius oil, Samhain oil, Saturn oil, Scorpio oil, Sexual energy oil, Sleep oil, Spirit oil, Spirit oil (elemental), Sun oil, Sun God oil, Taurus oil, Temple oil, Venus oil, Virgo oil, Vision oil, Water oil (elemental), Wealth oil, Yule oil, Blessing oil, Oils of the Zodiac
Ointments - how to make a

basic ointment
Shortening method
Beeswax method
Historical flying ointments information
Poisonous Herbs
Non-poisonous herbs
Flying Witches' ointment formulas – total of 13 formulas (Do not mix and use them! This formulas contain poisonous herbs and given for historical information purposes only!)
Modern Witches' ointment formulas (safe to use): Flying ointment, Healing ointment, Psychic powers ointment, Lust ointment, Moon Goddess ointment, Protection ointment, Hex-breaker ointment, Riches ointment, Sun God ointment, Youth ointment, Exorcism ointment, "Cure Anything" ointment

23. Divinations (44 pages)
Request for clairvoyant powers
Hecate's recipe for clairvoyance brew
Divination intro
Pendulum and how to use it
Quija Board and how to use it
Vision Quest
Vision Quest potion powder
Tarot cards
Celtic cross spread
Tarot cards Major Arcana

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*Tarot cards Manor Arcana
Scrying spell*

*Tassology - the art of tea -
leaf reading*

*Scrying Using the Black
Mirror*

Runes

Meaning of Runes

Binding Runes

To empower a Bind Rune

Fire Scrying

*Scrying information on
different methods of scrying*

How scrying works

*What happens when we
scrying?*

The moon in scrying

*Eight powerful exercises for
scrying*

*24. Miscellaneous Magickal
information (31 pages)*

Handfasting

Love pills

Talisman for Luck

Amulet of power

*Amulet to Achieve Success in
Business*

Finding your magickal name

*Sachets - everything you
need to know about
magickal sachet*

*Sachet formulas for Love,
Money, To win at games of
chance, For protection when
traveling, To acquire riches,*

To attract love of a man

*Poppet - everything you
need to know about*

*magickal poppet and how to
create one*

*Glamour Mirror Magick
Ritual of the Mirror and the
Brush*

Shell Correspondences

Mind Link

Sigils

25. Spells (136 pages)

*How to write a powerful
spell*

Prosperity spells:

Job spell

Prosperity spell

Prosperity Potion

Lottery Chant

Lucky Stone

Luck Charm

To Bring prosperity

To Banish debts

To bring fortune

Wish spell

"Wish Come True" spell

Employment spell

Love spells:

Love spell

Witches' Love Bottle

Charm for Fertility

Love spell 2

*Woman's (or Girl's) spell for
confidence (to get rid of
shyness)*

Love charm

Love spell 3

To cause a person to call you

Friendship spell

Friendship blessing

Beauty spell

Vervain spell for Everlasting

Youth

*Seven-penny spell
Marriage proposal spell*

Protection spells:

Broken Mirror spell

Negativity removal spell

Blue Flame spell

*To break a spell cast upon
you*

Spell to Stop Bullies

Banishing spell

*Mirror Protection spell for
home*

Protect an object

Witches Bottle for Protection

Witches Protection Bottle

(another method)

Protection spell

To protect home

*Ritual to break psychic
bonds*

*Spell to stop gossip or
slander*

Shield spell

To banish negativity

Return negative energy

To stop harassment

*To protect your home from
oncoming storm*

To protect an object

Balance Chant

Protection Charm

*To remove a troublesome
person from your life*

To bind a troublemaker

*Breaking another witch's
spell*

To repel sorceries and curses

Freezer binding

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Creativity spells:

Muses - nine muses of inspiration

Inspiration ritual

Nine Muses of Inspiration spell

Inspiration spell

Student's fluorite for knowledge retention

Brigit Writers Block spell

Healing spells:

Healing spell 1

Depression relief spell

Headache relief spell

Heal all spell

Healing Charm

Healing Flames

Healing spell 2

Healing spell 3

Bath water healing spell

Break bad habits spell

To aid in Depression

Nightmare prevention

Popper healing

To heal old wounds

Spell to Banish shyness

Spell to heal

Anti-Depressant drink

To banish illness

Witches' healing spell bottle

To heal physical pain

To remove pain

Sachet for healing

To banish illness

Spell with eucalyptus

Hematite healing spell

Quartz crystal healing

Healing candle

Vanilla stress release spell

Moon water tonic

Sea-shell spell

Miscellaneous spells:

Lost and found spell

Spell for the earth

Snow spell 1

Snow spell 2

Blessing for fish

Blessing for dogs

Water spell

Witches ladder for comfort and blessing

For improved memory

A chant for the garden

Quick spell chart table

Notes on Magickal Working

Blank Pages (58 pages)